



tranquilityHealing  
*relax, restore & revitalise*

# Opening Hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10						
11						
12 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
1	PILATES		PILATES	PILATES		
2						
3						
4						
5						
6						
7						
8						

AVAILABLE

PERMENTLY BOOKED

CHILDRENS TIME